Merseyside League	Won	Lost
Liverpool Trojans	12	2
Nottingham Lions	10	4
Birkdale Royals	9	5
Liverpool Tigers	9	5
Burtonwood Yanks	7	7
Otis Dynamos	5	9
Bromsgrove Dodgers	3	11
Birkdale Bootleggers	1	13

Southern League*	Won	Lost
Croydon Bluejays	8	2
Crawley Giants	6	4
Sutton Braves	6	4
Southend Aces	5	5
Brighton Jets	3	7
TBM Raiders	2	8

PLAYOFFS			
Hull Royals	4-3	Hull Aces	
Nottingham Lions	beat	Liverpool Trojans	
FINAL			
Nottingham Lions	5-3	Hull Royals	

*The Southern League was not affiliated with the national governing body in 1974.