Merseyside League	Won	Lost	Southern League	Won	Lo
Liverpool Tigers	13	1	Croydon Bluejays	7	1
Liverpool Trojans	13	1	Southend Aces	6	2
Nottingham Lions*	9	5	Crawley Giants	3	5
Burtonwood Yanks	5	9	Sutton Braves	2	6
Birkdale Royals	4	10	TBM Raiders	2	6
Birkdale Bootleggers	2	12			
Otis Dynamos	2	12	Humberside League	Won	Lo
Bromsgrove Dodgers	1	13	Hull Royals	5	0
			Hull Aces	2	2
			Nottingham Lions*	1	4

*Nottingham Lions played in two different leagues in 1975.

PLAYOFFS						
Liverpool Tigers	10-7	Sutton Braves				
Nottingham Lions	beat	Hull Royals				
FINAL						
Liverpool Tigers	5-3	Nottingham Lions				