

1987	Won	Lost
Lancashire Red Sox	7	3
London Warriors	6	4
Nottingham Knights	5	5
Southern Tigers	5	5
Humberside Bears	4	6
Mersey Mariners	3	7

There was no playoff, so Lancashire won the first National League.

	Red Sox	Warriors	Knights	Tigers	Bears	Mariners
Red Sox		5 - 4	11 - 4	15 - 8	12 - 1	13 - 6
Warriors	W - L		9 - 10	17 - 13	22 - 0	19 - 15
Knights	19 - 12	7 - 9		9 - 6	9 - 11	30 - 7
Tigers	5 - 8	5 - 2	11 - 8		22 - 0	W - L
Bears	3 - 11	11 - 7	L - W	L - W		14 - 7
Mariners	4 - 3	1 - 12	6 - 3	11 - 9	6 - 22	